



Dr. Angela D. Thomas

Book Author

Dr. Angela D. Thomas has released her highly anticipated self-help memoir **"Bullets, Babies, and Boardrooms: Success Secrets from a Teenage Mother"** which achieved Amazon Bestseller status in twelve categories! Affectionately known as "Dr. A", she shares her secrets to success that ANYONE can adopt for ANY goal. Using her knack for storytelling, her gift of teaching, and decades of life-long learning, she reveals the personal and professional lessons that unlock the secrets to extraordinary success that anyone can apply to overcome seemingly insurmountable odds and accomplish their dreams.

As a teen mother turned doctor, Dr. A certainly had the odds stacked against her. Raised in the crime-ridden streets of Detroit, her family was turned upside down at age 13 when her parents divorced and days later her mother was shot five times in her stomach by a hitman – and survived! Adding to the family turmoil, just three years after the shooting, Dr. A gave birth to her son while still in high school. Despite it all, she went on to earn three degrees and six figures before the age of 30, all while raising her son and working full time! She later earned her fourth degree, a doctorate in just 2.5 years! She didn't just beat the odds, she crushed them!

About the Book

Bullets, Babies, and Boardrooms

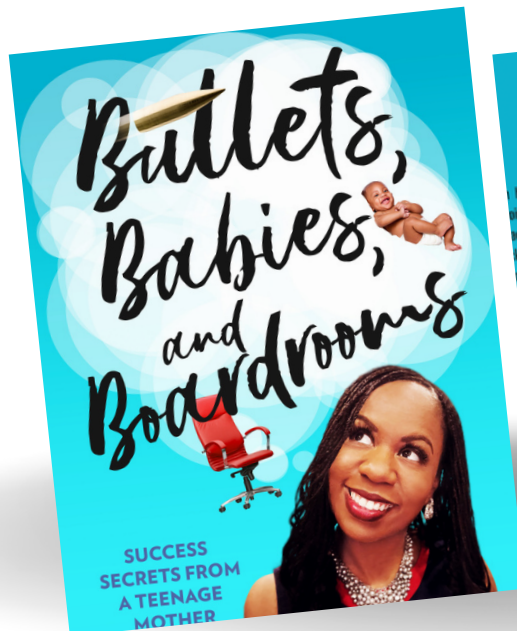
Overview

How did Dr. A overcome seemingly insurmountable odds to achieve extraordinary success? The answers boil down to three words – Mindset, Resilience, and Action – each mapping to three critical phases of her life – Bullets, Babies, and Boardrooms!

- The "Bullets" Phase teaches the reader the right "Mindset" for success
- The "Babies" Phase teaches the reader "Resilience" to handle challenges and adversity
- The "Boardrooms" Phase teaches the reader the "Action" necessary to achieve results

An Excerpt

While I do believe that the mystery of “me” is more accurately the “myth” of “me” – I don’t have it “all”. I experience failures like the next person... But what I know for sure is that I consistently lean on a set of life-changing principles that I’ve learned along the way. I took years to realize that this is what I was doing. Along the way, I’ve added to and refined those principles... I certainly believe that these life-changing principles are principles that ANYONE can grab hold of, adopt, and apply to achieve their goals and dreams...



Quick Details

What You Need to Know



Here are the quick details about
Bullets, Babies, and Boardrooms: Success Secrets from a Teenage Mother

Book Title

Bullets, Babies, and Boardrooms:
Success Secrets from a Teenage
Mother

Genre

Self-help, Memoirs, Business, and
Christian living

Page Count

254 Pages

Expected Series Length

Single Book

Publisher

Thomas, Nelson, & Thomason
Publishing

Publication Date

04/27/2022

Price

\$18.99

Where to Buy

Amazon

ISBN

979-8985734102

Available Formats

Kindle, Paperback, Audible

Biography

Meet the Author



Dr. Angela D. Thomas, also known as "Dr. A", has sustained success in her career as a healthcare executive and university professor. Her established career spanning over 20 years has led to national and international awards, presentations, and academic publications. As a Christian woman, wife, and mother, she dedicates much of her personal time to her family and to ministry in her local church, where she serves as Vice President of the Board of Directors, Women's Ministry Director, and Director of Education. Learn more at www.DrAngelaDThomas.com.

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Press Release

Teen Mom Turned Doctor Shares Success Secrets!

As a teen mother turned doctor, Dr. Angela D. Thomas, affectionately known as "Dr. A", certainly had the odds stacked against her. Raised in the crime-ridden streets of Detroit, her family was turned upside down at age 13 when her parents divorced and days later her mother was shot five times in her stomach by a hitman – and survived! Adding to the family turmoil, just three years after the shooting, Dr. A gave birth to her son while still in high school. Despite it all, she went on to earn three degrees and six figures before the age of 30, all while raising her son and working full time! She later earned her fourth degree, a doctorate in just 2.5 years! She didn't just beat the odds, she crushed them!

In her new book, "**Bullets, Babies, and Boardrooms: Success Secrets from a Teenage Mother**", she shares how anyone can apply her secrets to success to anything they are trying to achieve and CRUSH their goals!



Interview Query

Highly Anticipated Questions

Why this book? Why now?

Many have asked me to write a book. The first requests came after I completed my bachelor's degree in four years after having my son at 16 years old. The requests kept coming as my list of accomplishments grew. I juggle a lot and from the outside looking in, I seem to have it all in balance, but that's a myth, I don't. But I do consistently lean on a set of life-changing principles that anyone seeking to accomplish anything can use! So, I share them in this book using my personal and professional stories to teach them!

What a title and what a story! Tell us more about the story.

Bullets, Babies, and Boardrooms came from a professional development presentation I've given for years where each word maps to a specific phase in my life yielding key lessons. "Bullets" represents when my mom was shot 5 times by a hitman and survived when I was 13. Through this phase I learned about having the proper "Mindset". "Babies" represents when I had to navigate high school and college being a teen mother. Through this phase I learned about "Resilience". "Boardroom" represents my professional and career lessons and how I learned the proper "Action" to take for results.

Is this book just for teen parents?

Not at all! It's great for them of course, but it's really for anyone else trying to achieve anything - especially those facing incredible odds! ANYONE can learn and apply the three acronyms I use -- G.O.O.D.S., B.O.U.N.C.E., and R.E.S.U.L.T.S. When used, they can not just achieve results, but also sustain them!

You call this book a "love note" back to your community. Why?

Everything I've accomplished is only possible with a strong community walking alongside me! I've learned so much and have been dedicated to paying that knowledge forward. There are only so many that I can reach and teach in one-on-one conversations, so the book allows me to share on a wider scale. I share every word with intention and with love so I can be the "community" to someone else to help THEM overcome too!

Popular Review

What are Readers Saying?

Aaron Victor, N.EX.T. Step Coach

"You don't often get to get into the mind of a true superhero! Bullets, Babies, and Boardrooms gives you not only insight, but simple tactics to awaken the superhero in YOU! What Dr. A has put together is an outline for success. Through her journey she gives you tangible steps and a framework for you to apply to your life."

Troy T. Dixon, Pastor, Zion Church

This book is incredible! Dr. A uses personal and professional stories of her journey that are easy to understand and masterfully translated them into principles that anyone can use! I can't wait for more books from Dr. A! I hope she keeps writing!"

Crystal King, CEO, Crazy 4 Gaming Video Game Theater & Mobile Laser Tag; CEO, Micah's Ice Cream Truck

"I loved the transparency around her life and her process! I especially loved that she connected with the audience. It's easy for a young single mother or any woman to relate especially through the framework. Women will feel comfortable and confident in knowing that they too can overcome obstacles even though they may think that their process in life is not worth a win! Wonderful Wonderful!"

Angelica Baylor, National Recording Artist

"This book gives simple, faith-based instructions on overcoming seemingly impossible obstacles. After reading this, I feel that I have the power to take over the world!"

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This book is a roadmap for the path of life that is often cluttered with obstacles preventing us from having clarity and a way through. Dr. Angela Thomas gives us stories from her life, that are honest and tangible approaches to navigate life's path - your path - be it tragedy, boardrooms or babies. Be inspired! Discover the roadmap and treasure in this book.

— ” —

A.D. LUMKILE THOMASON
AUTHOR & AWARD-WINNING
DOCUMENTARIAN